

What is Your Ideal Career?

You want to ensure that you are applying for jobs that align with your interests and values, and that will help you succeed in achieving your goals.

When thinking about your ideal job or career, consider all aspects of the work and work environment. For example:

Do you want to be working and collaborating with others all day, or would you prefer to work more independently?

Do you want a job where you're doing the same tasks each day, or a job with more variety?

Do you want to be working in one place for most of the day, or would you prefer to be moving around?

Some questions to get you thinking about your ideal job:

1. What kind of work environment do you feel most suits your personality? If you have worked before, what kind of work environment do you enjoy the most?

2. What will you need in your work to give you enjoyment, challenge you and keep you motivated?

3. If you have considered any career options, list them and your reasons for each choice. Think about what has motivated you to consider these jobs, and why those reasons are important:

Career 1:
Reasons:

Why are these reasons important to you?

Career 2:
Reasons:

Why are these reasons important to you?

Career 3:
Reasons:

Why are these reasons important to you?

4. What skills, abilities and experience do you want to transfer or be able to use in your job/career? (See the *"Knowing Your Skills" worksheet*):